

Everest Youth Football League, Inc.
RELEASE AND WAIVER OF CLAIMS

I, _____ (Parent/Guardian's Name), hereby consent to
_____ (Participant's Name) participating in the
Everest Youth Football League's ("EYFL") tackle football season for sixth
and seventh graders.

We (Parent/Guardian and Participant) understand that participation in a
tackle football program will expose the participant to potential injury or
harm because of the contact nature of this sport.

**I, _____ (Parent/Guardian) agree to provide a health and
accident insurance program for the above identified participant that will
provide coverage in the event of injury while participating in EYFL
activities.**

We represent that the participant has no health or physical problems that
will interfere with or should preclude his/her participation in this sport
and that we will notify the coach if that changes.

We hereby assume all risks associated with participating in the EYFL's
tackle football league. We further agree that the above identified player's
attendance, play and/or participation in any EYFL activities shall be our
sole risk.

We hereby fully and forever release, discharge, and agree not to sue Everest
Youth Football League, Inc., Everest Youth Football League, Inc. officers,
directors, agents, coaches, employees, representatives, committee members,
contributors and successors, and the D.C. Everest School District for any
and all claims, causes of action or liability for any injury, loss or damage
sustained or incurred as a result of or in any way associated with the
participant's attendance at or participation in EYFL activities.

We agree to indemnify and hold harmless Everest Youth Football League, Inc.,
Everest Youth Football League, Inc. officers, directors, agents, coaches,
employees, representatives, committee members, contributors and successors,
and the D.C. Everest School District, from any loss, damage or expense
sustained or incurred by them arising from any such claims, cause of action
or liability, whether brought by one of us, anyone acting on our behalf, or
anyone else because of conduct attributed to us.

We understand and agree that this Release and Waiver shall be binding upon
our heirs, assign and any personal entity acting upon our behalf, including
a parent guardian or next of kin.

We have read or have had read to us the above terms of the Release and
Waiver, understand them, agree to abide by them, and hereby acknowledge our
understanding of this Release and Waiver.

Signatures:

Participant: _____ Date:

Parent/Guardian: _____ Date: