

HUMILITY

Defined:

Dictionary: The state or quality of being humble; absence of pride or self-assertion

Humble: having or showing a consciousness of one's defects or shortcomings; not proud

EYFL Definition: Recognizing one's good qualities and special skills (**TOOLS**), Realizing that these were given to you as a gift from your God and therefore not being boastful about them or thinking they make you better than someone else; And utilizing these gifts to their fullest to honor your God and to show your appreciation.

Example: Gayle Sayers was one of the best professional running backs of all time. In his book, I Am Third, Sayers described his priorities as follows:

1. God is first.
 2. My family and friends are second.
- And 3. I am third.

Sayers also recognized that his ability to play football was a gift from his God. He did not take that gift for granted and that was what helped him deal with the illness and death of his running back friend, Brian Piccolo, and with his own career-ending knee injury.

Types of humility:

1. Never bragging about one's own talents.
2. Recognizing that much of one's success is due to the hard work of one's teammates.
3. Recognizing that one's abilities come from their God and taking time to thank God.
4. Recognizing the talents one was given by their God and using those skills in honor of their God.